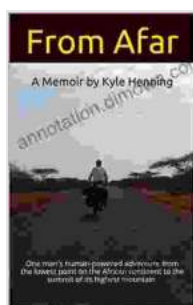


# One Man Human Powered Adventure From The Lowest Point On The African Continent

In 2019, I set out on a human-powered adventure from the lowest point on the African continent, the Dead Sea, to the highest point, Mount Kilimanjaro. It was a journey of over 6,000 kilometers, and I traveled by bike, foot, and kayak.



**From Afar: One man's human-powered adventure from the lowest point on the African continent to the summit of its highest mountain** by Kyle Henning

★★★★☆ 4.9 out of 5

Language : English  
File size : 67064 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 253 pages  
Lending : Enabled  
Paperback : 175 pages  
Item Weight : 8.8 ounces  
Dimensions : 5.06 x 0.4 x 7.81 inches



I started my journey at the Dead Sea, which is the lowest point on Earth. From there, I cycled north through Jordan, Israel, and Palestine. I then crossed the bFree Download into Egypt and cycled along the Nile River. From Egypt, I cycled across the Sahara Desert to Sudan. I then cycled through Ethiopia, Kenya, and Tanzania. Finally, I reached Mount

Kilimanjaro in Tanzania. I climbed to the summit of Mount Kilimanjaro, which is the highest point in Africa.

My journey was an incredible experience. I saw some of the most amazing places on Earth, and I met some of the most interesting people. I also learned a lot about myself and about the world around me.

One of the most challenging parts of my journey was the Sahara Desert. The Sahara is the largest hot desert in the world, and it is a very unforgiving place. I had to cycle for days at a time without seeing another person. I also had to deal with the extreme heat and the sandstorms.

Another challenging part of my journey was the climb up Mount Kilimanjaro. Mount Kilimanjaro is the highest mountain in Africa, and it is a very challenging climb. I had to hike for days at a time, and I had to deal with the altitude and the cold.

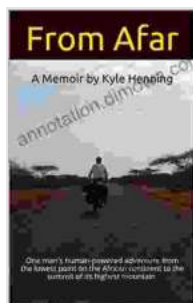
Despite the challenges, I am so glad that I completed my journey. It was an incredible experience, and it taught me a lot about myself and about the world around me. I would encourage anyone to take on a human-powered adventure. It is a great way to see the world and to learn about yourself.

**Here are some tips for planning a human-powered adventure:**

- Choose a destination that you are passionate about.
- Do your research and make sure that you are prepared for the challenges that you will face.
- Start training early and gradually increase your distance and intensity.
- Pack light and only bring the essentials.

- Be flexible and adaptable, as things will not always go according to plan.
- Have fun and enjoy the experience!

I hope that my story inspires you to take on your own human-powered adventure. It is a great way to see the world and to learn about yourself.

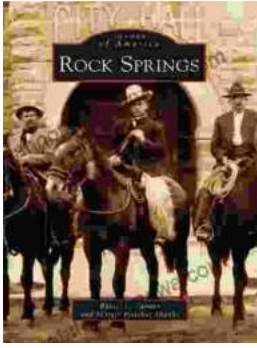


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